



## Bayesian Linear Mixed Models with Polygenic Effects

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### Abstract

We considered Bayesian estimation of polygenic effects, in particular heritability in relation to a class of linear mixed models implemented in R (R Core Team 2018). Our approach is applicable to both family-based and population-based studies in human genetics with which a genetic relationship matrix can be derived either from family structure or genome-wide data. Using a simulated and a real data, we demonstrate our implementation of the models in the generic statistical software systems JAGS (Plummer 2017) and Stan (Carpenter *et al.* 2017) as well as several R packages. In doing so, we have not only provided facilities in R linking standalone programs such as GCTA (Yang, Lee, Goddard, and Visscher 2011) and other packages in R but also addressed some technical issues in the analysis. Our experience with a host of general and special software systems will facilitate investigation into more complex models for both human and nonhuman genetics.

*Keywords:* Bayesian linear mixed models, heritability, polygenic effects, relationship matrix, family-based design, genomewide association study.

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## 1. Introduction

The genetic basis of quantitative phenotypes has been a long-standing research problem associated with a large and growing literature, and one of the earliest was by Fisher (1918) on additive effects of genetic variants (the polygenic effects). In human genetics it is common to estimate heritability, the proportion of polygenic variance to the total phenotypic variance, through twin and family studies. For twin studies, polygenic effects are embedded into correlations between monozygotic and dizygotic twin pairs using the assumption that monozygotic twins share all the genetic materials but dizygotic twins only half. For family studies, the polygenic component is coupled with a relationship matrix in a mixed model with covariates as fixed effects, e.g., Morton and MacLean (1974) and Lange (2002). The models differ from those usually seen in general statistics as the polygenic effects are represented by a random

variable that is correlated among all relatives due to genes shared identity-by-descent. The estimation can be inaccurate due especially to shared environment in both twin and family studies.

More recently, a large quantity of single nucleotide polymorphisms (SNPs), single base-pair variants of DNA, available from population-based samples has offered renewed interest in the problem. This is because the data allows for a genomic relationship matrix (GRM) to be built as part of a genomewide association study (GWAS) for identification and characterization of the DNA variants and phenotype (our outcome of interest) association. [Yang \*et al.\* \(2010\)](#) showed that a GRM can be used in the mixed model very much in the same way as in models for families where the relationship matrix is built on familial relationships. Consequently, the ubiquitous availability of DNA also makes the models appropriate for any samples with typed DNA polymorphisms. The approach is applicable to a wide variety of traits including continuous, discrete and time-to-event outcomes ([Zhao and Luan 2012](#)). The estimation of heritability ( $h^2$ ), the proportion of total additive genetic variance as a proportion of total phenotypic variance, is fundamentally important since it largely quantifies the scope of a GWAS in gene discoveries and characterizations.

Bayesian methods are attractive since generic software systems are available to facilitate the model-building, and they also help to address the issue concerning the uncertainty in parameter estimation. Moreover, they give credible intervals with highest probability density (HPD) as opposed to frequentist interval estimates, often derived under simplifying assumptions. Markov chain Monte Carlo (MCMC) serves as a practical tool for Bayesian inference with a full characterization of the posterior distribution of the variance components as well as heritability. For this reason, Bayesian methods have been widely used in plant and animal science literature for a broad range of traits, e.g., [Yi and Xu \(2000\)](#); [Varona \*et al.\* \(2005\)](#). These applications and the software employed almost exclusively use family structure, given that the inverse of the relationship matrix is easily calculated, as was also the case with work on humans, e.g., [Burton, Scurrah, Tobin, and Palmer \(2005\)](#). Exceptions regarding software include package **BLR** ([Perez, de Los Campos, Crossa, and Gianola 2010](#); [de los Campos, Perez, Vazquez, and Crossa 2013](#)) in R ([R Core Team 2018](#)) which can accommodate GRM but the analysis often has to be stopped due to a nonpositive definite GRM. It is not obvious how these issues can be addressed.

In our own analysis, we have encountered various issues. Our attempts to tackle these problems have led to some useful results, which we believe will facilitate similar analyses by other colleagues. Via a simulated data and a real data, we implemented the models using **JAGS** (just another Gibbs sampler; [Plummer 2017](#)), **Stan** (sampling through adaptive neighborhoods; [Stan Development Team 2017](#); [Carpenter \*et al.\* 2017](#)) and in the case of a large sample package **BLR**. We wrote utilities in R to read or write a GRM as generated from software **GCTA** ([Yang \*et al.\* 2011](#)) to be used with these software packages, which contain functions to calculate heritability and its standard error when polygenic and residual variance/standard errors are given. We further adapted the R package **MCMCglmm** ([Hadfield 2010](#)) to enable comparison between family-based or genotype-based relationship matrices. These functions are available from the R package **gap** ([Zhao 2007, 2017](#)) with further information. We also gave expressions for perturbing the covariance matrix when GRM is considered nonpositive definite. We believe our work will be of interest in human genetics as well as animal and plant genetics. Below we will briefly describe the polygenic model, a simulated data as a benchmark and an application. We then conclude with a summary, which includes generic discussions

on non-genetic effects, missing outcomes, efficient implementation, frequentist and Bayesian estimates of heritability for the **GCTA** documentation example.

## 2. Statistical models

We start with an outline of the linear mixed model, showing how total additive genetic effects can be framed with respect to a relationship matrix. We then consider specification of the Bayesian linear mixed model.

### 2.1. Linear mixed model

To motivate we consider a study of body mass index (BMI, body weight/height, kg/m<sup>2</sup>) in relation to sex (0 = Man, 1 = Woman) and age (in years). A linear model (LM) of BMI on sex and age is as follows,

$$\text{BMI} = b_0 + b_1 \text{ sex} + b_2 \text{ age} + e, \quad (1)$$

where  $b_0$  is an intercept,  $b_1$  and  $b_2$  are the regression coefficients for sex and age, indicating a unit change in BMI attributable to being a woman than man and per-year increase in age, respectively.  $e$  is a residual term indicating effects on BMI other than sex and age. As will soon become clear, there is a need to have extra terms which are random variables, leading to a linear mixed model (LMM). More generally, let  $y$  be a continuous variable and our outcome of interest,  $X$  covariates,  $u$  random effects. A LMM has the following form,

$$y = X\beta + Zu + e, \quad (2)$$

where

$y$  – an  $N \times 1$  vector of observations;

$X$  – an  $N \times p$  matrix of known covariates;

$\beta$  – a  $p \times 1$  vector of unknown regression coefficients;

$Z$  – a known  $N \times q$  matrix of variables;

$u$  – a  $q \times 1$  vector of unknown random effects;

$e$  – an  $N \times 1$  vector of (unobservable random) errors.

We assume that  $u \sim N(0, D)$  and  $e \sim N(0, E)$ , so that  $y \sim N(X\beta, V)$  with  $V = E + ZDZ^\top$ .

Statistical inference of this model, based on the frequentist approach, can be done with maximum likelihood (ML) or restricted maximum likelihood (REML) estimation. Procedures are widely available (see [Sorensen and Gianola 2002](#), for further details).

### 2.2. Linear mixed model with polygenic effects

We assume that our trait of interest,  $y$ , is a function of  $m$  causal variants each with effect  $u_i$ ,  $u_i \sim N(0, \sigma_u^2)$ ,  $i = 1, \dots, m$ , treated as random effect,  $\sigma_u^2$  a polygenic variance. These variants are DNA polymorphisms at particular positions across the genome. At locus  $i$ , we assume the two causal alleles are  $q$  and  $Q$  with frequency  $1 - f_i$ ,  $f_i$ , and forms genotypes  $qq$ ,  $qQ$  and  $QQ$ , respectively with additive effects 0, 1, and 2. The genotypic effects are associated following a Binomial distribution,  $\text{Bin}(2, f_i)$ , with mean  $2f_i$  and variance  $2(1 - f_i)f_i$ , respectively,

leading to normalized additive effects ( $z_i$ ) being  $-2f_i/\sqrt{2(1-f_i)f_i}$ ,  $(1-2f_i)/\sqrt{2(1-f_i)f_i}$  and  $(2-2f_i)/\sqrt{2(1-f_i)f_i}$ . The simplest form of a polygenic model uses a linear combination of effects from all causal variants, i.e.,  $g = \sum_{i=1}^m z_i u_i$  where  $z_i$  can be seen as a function of the frequency of allele with effect acting as a scaling factor such that  $\mathbf{E}(z_i) = 0$  and  $\text{VAR}(z_i) = 1$ . In matrix notation  $g = Zu$ , we have  $g \sim N(0, \sigma_u^2 ZZ^\top)$  and  $\sigma_g^2 = m\sigma_u^2$  is the variance of total additive effects (“polygenic effects”). From this  $\text{VAR}(y) = \sigma_u^2 ZZ^\top + \sigma^2 I = \sigma_g^2 ZZ^\top / m + \sigma^2 I = \sigma_g^2 A + \sigma^2 I$ , where  $A = ZZ^\top / m$  amounts to a relationship matrix and is indeed called a GRM at the causal loci,  $\sigma^2$  is the residual variance, and  $I$  an identity matrix. Heritability is defined as the proportion of phenotypic variance explained by the polygenic effects, namely,  $h^2 = \sigma_g^2 / (\sigma_g^2 + \sigma^2)$ .

The matrix  $A$  can be represented with genomewide data containing a large number ( $M$ ) of SNPs analogous to causal variants, i.e.,  $G = WW^\top / M$  where  $w_{ij} = (x_{ij} - 2p_i) / \sqrt{2(1-p_i)p_i}$ ,  $j = 1, 2, 3$  represents the genotypic effects of SNP  $i$  and  $p_i$  is the allele frequency, while  $x_{ij} = 0, 1, 2$  for SNP  $i$  having alleles  $a_1, a_2$ , and genotypes  $a_1a_1, a_1a_2, a_2a_2$ , respectively. A series of refinements of the  $G$  matrix has been suggested by Yang *et al.* (2010). The **GCTA** software can generate a compressed (.grm.gz) or binary (.grm.bin) form of GRMs from genomewide SNPs and provide REML estimates for the polygenic model.

In summary, our model is similar to (2) in that  $D = \sigma_g^2 G$  and  $E = \sigma^2 I$ , where  $G$  is a GRM,

$$y = X\beta + g + e. \quad (3)$$

$\text{VAR}(y) = \sigma_g^2 G + \sigma^2 I$  with  $g$  being “polygenic effects” and  $G$  an  $N \times N$  GRM.

For data on relatives, the additive genetic relationship matrix  $A$  can also be derived from a given family structure which is twice the kinship matrix (Lange 2002) whose entries represent probabilities of genes shared identity-by-descent among pairs of relatives. The matrix can be generated by a number of R packages such as **kinship2** (Therneau and Sinnwell 2015) which are available from the Comprehensive R Archive Network (CRAN).

### 2.3. Bayesian linear mixed model with polygenic effects

A Bayesian linear mixed model (BLMM) with polygenic effects follows the set-up above, whose sampling model is as follows,

$$\begin{aligned} y|\beta, u, \sigma^2 &\sim N(X\beta + Zu, \sigma^2 I), \\ \beta|\sigma_\beta^2 &\sim N(0, \sigma_\beta^2 B), \\ u|\sigma^2 &\sim N(0, \sigma^2 A), \end{aligned} \quad (4)$$

where  $B$  is a known, nonsingular matrix and  $\sigma_\beta^2$  is a hyperparameter. Full specification of the model is furnished with appropriate distributions for the variance components, e.g., Section 6.3 of Sorensen and Gianola (2002). For the polygenic model (3) in this paper, we

have the likelihood and assumed prior specifications as follows:

$$\begin{aligned}
 y &\sim N(\mu, \sigma^2 I) \\
 \mu &= X\beta + g \\
 \beta_j &\sim N(0, 1000^2), \quad j = 1, \dots, p, \\
 g &\sim N(0, \sigma_g^2 G) \\
 \sigma_g^2 &\sim \text{InvGamma}(s_1, s_2) \\
 \sigma^2 &\sim \text{InvGamma}(s_1, s_2)
 \end{aligned} \tag{5}$$

where  $s_1$  and  $s_2$  are chosen to provide noninformative priors, and the matrix  $B$  is diagonal. Other priors for the variance components such as uniform are possible, as in Section 4.2 below, see also Waldmann (2009) and Gelman (2006).

## 2.4. Handling of the $G$ matrix

Simulation of the polygenic effects in Section 2.3 involves the multivariate Normal distribution, which could be very time-consuming when  $N$  gets large. A speedup can be achieved by obtaining the precision matrix as input to software described below. More often, a Cholesky decomposition can be applied. For  $g \sim N(0, \sigma_g^2 G)$ , Let  $G = CC^\top$  and  $z_i \sim N(0, 1)$ ,  $i = 1, \dots, N$ , then  $g_i = \sigma_g C z_i \sim N(0, \sigma_g^2 G)$ . As expression (5) is amenable to a few software environments for MCMC sampling, these are exposed in Section 3.2 below.

## 3. Benchmark

Data from Meyer (1989) as in Tempelman and Rosa (2004) is used as our benchmark. The pedigrees for each of these 282 animals derive from an additional 24 base population (Generation 0) animals that do not have records of their own, nevertheless are of interest with respect to the inference on their own additive genetic values. Furthermore, it is presumed that these original 24 base animals are not related to each other. Therefore, the row dimension of  $u$  is 306 (282 + 24). To facilitate discussions the data is made available in package **gap** available from the Comprehensive R Archive Network (CRAN) at <https://CRAN.R-project.org/package=gap>.

### 3.1. Frequentist approach

Tempelman and Rosa (2004) gave a variety of estimates using **SAS** (SAS Institute Inc. 2014). We are interested in the REML estimates which are available from package **regress** (Clifford and McCullagh 2006).

```

R> set.seed(1234567)
R> meyer <- within(meyer, {
+   y[is.na(y)] <- rnorm(length(y[is.na(y)]),
+     mean(y, na.rm = TRUE), sd(y, na.rm = TRUE))
+   g1 <- ifelse(generation == 1, 1, 0)
+   g2 <- ifelse(generation == 2, 1, 0)
+   id <- animal

```

```

+   animal <- ifelse(!is.na(animal), animal, 0)
+   dam <- ifelse(!is.na(dam), dam, 0)
+   sire <- ifelse(!is.na(sire), sire, 0)
+ }
R> G <- kin.morgan(meyer)$kin.matrix * 2
R> library("regress")
R> r <- regress(y ~ -1 + g1 + g2, ~ G, data = meyer)
R> r

```

Likelihood kernel:  $K = g1+g2$

Maximized log likelihood with kernel  $K$  is  $-843.962$

Linear Coefficients:

	Estimate	Std. Error
g1	222.994	1.429
g2	238.558	1.760

Variance Coefficients:

	Estimate	Std. Error
G	31.672	13.777
In	72.419	10.182

```
R> with(r, h2G(sigma, sigma.cov))
```

$V_p = 104.091$  SE = 9.925092

$h^2G = 0.3042677$  SE = 0.1147779

Note that we deliberately filled the missing data according to the observed (we will relax this later on), then employed the `kin.morgan` function to obtain the kinship matrix, which is in turn used by the `regress` function from package `regress`. We have  $h^2(SE) = 0.30$  (0.11).

### 3.2. Bayesian approach

We now turn to the Bayesian approach and begin with a generic implementation based on the BUGS (Bayesian inference using Gibbs sampling) specification. As most such implementations would involve large samples, we moved away from **WinBUGS** (Lunn, Thomas, Best, and Spiegelhalter 2000) and used **OpenBUGS** (OpenBUGS Foundation 2015) and **JAGS** under Linux. Both allow for command line execution but as noted earlier (Sturtz, Ligges, and Gelman 2005) data manipulation is required which can be greatly facilitated with **OpenBUGS**, specifically using the R package **R2OpenBUGS** (Sturtz *et al.* 2005). We focused on **JAGS** as it was better tuned under Linux with **LAPACK** (Anderson *et al.* 1999), or **Intel MKL**, (Intel 2013) and the R counterpart **R2jags** (Su and Yajima 2015). We use multiple chains (e.g., 2 to 4), and Brooks-Gelman-Rubin (BGR) statistics, provided in **JAGS** or **Stan**, to check convergence. Initial parameter values are generally based on subject matter knowledge and/or parameter estimates from classical estimation.

## JAGS

First, we prepare the data in R and call **JAGS** via **R2jags**,

```
R> C <- chol(G)
R> N <- dim(meyer)[1]
R> data <- with(meyer,
+   list(N = N, y = y, g1 = g1, g2 = g2, u = rep(0, N), GI = solve(G)))
R> inits <- function() list(b1 = 0, b2 = 0, tau.p = 0.03, tau.r = 0.014)
R> parms <- c("b1", "b2", "p", "r", "h2")
```

We apply inverse gamma priors.

```
R> modelfile <- function() {
+   b1 ~ dnorm(0, 0.000001)
+   b2 ~ dnorm(0, 0.000001)
+   tau.p ~ dgamma(0.001, 0.001)
+   tau.r ~ dgamma(0.001, 0.001)
+   sigma.p <- 1 / sqrt(tau.p)
+   sigma.r <- 1 / sqrt(tau.r)
+   g[1:N] ~ dnmnorm(u[, ], GI[, ] / p)
+   for (i in 1:N) {
+     y[i] ~ dnorm(b1 * g1[i] + b2 * g2[i] + g[i], tau.r)
+   }
+   p <- pow(sigma.p, 2)
+   r <- pow(sigma.r, 2)
+   h2 <- p / (p + r)
+ }
R> library("R2jags")
R> jagsfit <- jags(data, inits, parms, modelfile, n.chains = 2,
+   n.burnin = 500, n.iter = 5000)
```

Like **OpenBUGS**, the Normal distribution in **JAGS** is specified with respect to the precision. The `solve` function returns the inverse so it is only calculated once. The results are very close to the REML estimates.

```
Inference for Bugs model at "/tmp/RtmpBDC/model69497abe523a.txt", fit using
jags, 2 chains, each with 5000 iterations (first 500 discarded), n.thin = 4
n.sims = 2250 iterations saved
```

	mu.vect	sd.vect	2.5%	25%	50%	75%	97.5%	Rhat
b1	222.922	1.470	220.115	221.900	222.900	223.901	225.852	1.001
b2	238.520	1.735	235.074	237.358	238.555	239.656	241.806	1.001
h2	0.300	0.080	0.155	0.240	0.297	0.354	0.464	1.002
p	31.810	10.188	15.497	24.306	30.809	37.979	55.090	1.001
r	73.335	8.316	57.824	67.558	73.265	78.609	89.974	1.005
deviance	2181.332	25.940	2125.879	2164.537	2183.027	2199.645	2229.083	1.002
n.eff								
b1	2200							

```

b2      2200
h2      820
p      1700
r      370
deviance 1900

```

For each parameter, `n.eff` is a crude measure of effective sample size, and `Rhat` is the potential scale reduction factor (at convergence, `Rhat=1`).

DIC info (using the rule,  $pD = \text{var}(\text{deviance})/2$ )

`pD = 336.4` and `DIC = 2517.8`

DIC is an estimate of expected predictive error (lower deviance is better).

The version with Cholesky decomposition is as follows, noting that the factored matrix needs to be transposed.

```

R> data <- with(meyer, list(N = N, y = y, g1 = g1, g2 = g2, C = t(C)))
R> inits <- function() list(b1 = 0, b2 = 0, sigma.p = 0.03, sigma.r = 0.014)
R> modelfile = function() {
+   b1 ~ dnorm(0, 0.001)
+   b2 ~ dnorm(0, 0.001)
+   sigma.p ~ dunif(0, 1000)
+   sigma.r ~ dunif(0, 1000)
+   p <- pow(sigma.p, 2)
+   r <- pow(sigma.r, 2)
+   tau <- pow(sigma.r, -2)
+   g[1:N] <- sigma.p * C[, ] %*% z[]
+   for (i in 1:N) {
+     z[i] ~ dnorm(0, 1)
+   }
+   for (i in 1:N) {
+     y[i] ~ dnorm(b1 * g1[i] + b2 * g2[i] + g[i], tau)
+   }
+   h2 <- p / (p + r)
+ }
R> jagsfit2 <- jags(data, inits, parms, modelfile, n.chains = 2,
+   n.burnin = 500, n.iter = 5000)

```

where we also used uniform priors for the variance components. The results are similar.

Inference for Bugs model at `"/tmp/RtmpBDC/model69493125f2e2.txt"`, fit using `jags`, 2 chains, each with 5000 iterations (first 500 discarded), `n.thin = 4`  
`n.sims = 2250` iterations saved

	mu.vect	sd.vect	2.5%	25%	50%	75%	97.5%	Rhat
b1	222.131	1.422	219.462	221.142	222.115	223.023	225.001	1.001
b2	237.450	1.749	234.014	236.310	237.479	238.592	240.985	1.004
h2	0.305	0.081	0.158	0.247	0.301	0.363	0.465	1.001

```

p          32.690  10.297  16.105  25.196  31.516  39.138  55.136  1.001
r          73.642   8.845  57.751  67.597  72.856  79.268  92.616  1.002
deviance 2181.013  26.007 2127.094 2164.740 2182.502 2198.604 2228.893 1.001
      n.eff
b1         2200
b2         2200
h2         2200
p          2200
r          1200
deviance  2200

```

For each parameter, `n.eff` is a crude measure of effective sample size, and `Rhat` is the potential scale reduction factor (at convergence, `Rhat=1`).

DIC info (using the rule,  $pD = \text{var}(\text{deviance})/2$ )

`pD = 338.2` and `DIC = 2519.2`

DIC is an estimate of expected predictive error (lower deviance is better).

### Stan

We further experimented with `Stan`, which is appealing to us as it implemented faster sampling algorithms (Gelman, Carlin, Stern, Dunson, Vehtari, and Rubin 2014, p. 307). We worked on both the R interface, `rstan` (Stan Development Team 2018), and the command line version, `cmdstan` (Stan Development Team 2016).

```

R> data <- with(meyer, list(N = N, y = y, g1 = g1, g2 = g2, G = G))
R> library("rstan")
R> meyer.stan <- "
+ data {
+   int N;
+   vector[N] y;
+   vector[N] g1;
+   vector[N] g2;
+   matrix[N, N] G;
+ }
+ transformed data {
+   matrix[N, N] C;
+   C = cholesky_decompose(G);
+ }
+ parameters {
+   vector[2] b;
+   vector[N] z;
+   real sigma_p2;
+   real sigma_r2;
+ }
+ transformed parameters {
+   real sigma_p;

```

```

+   real sigma_r;
+   vector[N] g;
+   sigma_p = sqrt(sigma_p2);
+   sigma_r = sqrt(sigma_r2);
+   g = sigma_p * C * z;
+ }
+ model {
+   b ~ normal(0, 1000);
+   sigma_p2 ~ inv_gamma(0.001, 0.001);
+   sigma_r2 ~ inv_gamma(0.001, 0.001);
+   z ~ normal(0, 1);
+   y ~ normal(b[1] * g1 + b[2] * g2 + g, sigma_r);
+ }
+ generated quantities {
+   real h2;
+   real p;
+   real r;
+   p = sigma_p2;
+   r = sigma_r2;
+   h2 = p / (p + r);
+ }
+ "
R> parms <- c("b", "p", "r", "h2")
R> f1 <- stan(model_code = meyer.stan, data = data, chains = 2, iter = 500,
+   verbose = FALSE)
R> f2 <- stan(fit = f1, data = data, chains = 2, iter = 5000, pars = parms,
+   verbose = FALSE)

```

where results from the first `stan` call is used as input to the second call. Note that the program is sectioned with `data` passed from R and the part which is in `transformed data`. These are followed by `parameters` and `transformed parameters` before they are used in `model`. Our quantities of interest can further be obtained from `generated quantities`.

The results from Stan are shown below and in Figure 1,

```

Inference for Stan model: df0c4ce12df598b4fcdd553dfe7d2cee.
2 chains, each with iter=5000; warmup=2500; thin=1;
post-warmup draws per chain=2500, total post-warmup draws=5000.

```

	mean	se_mean	sd	2.5%	25%	50%	75%	97.5%
b[1]	223.002	0.034	1.486	220.196	222.000	222.931	223.991	226.104
b[2]	238.582	0.036	1.765	235.219	237.396	238.534	239.729	242.170
p	32.082	0.308	10.407	14.705	24.671	30.850	38.697	55.176
r	73.372	0.216	8.501	57.613	67.483	72.975	78.737	91.190
h2	0.301	0.003	0.082	0.149	0.245	0.297	0.356	0.470
	n_eff	Rhat						
b[1]	1955	1.000						
b[2]	2385	1.000						

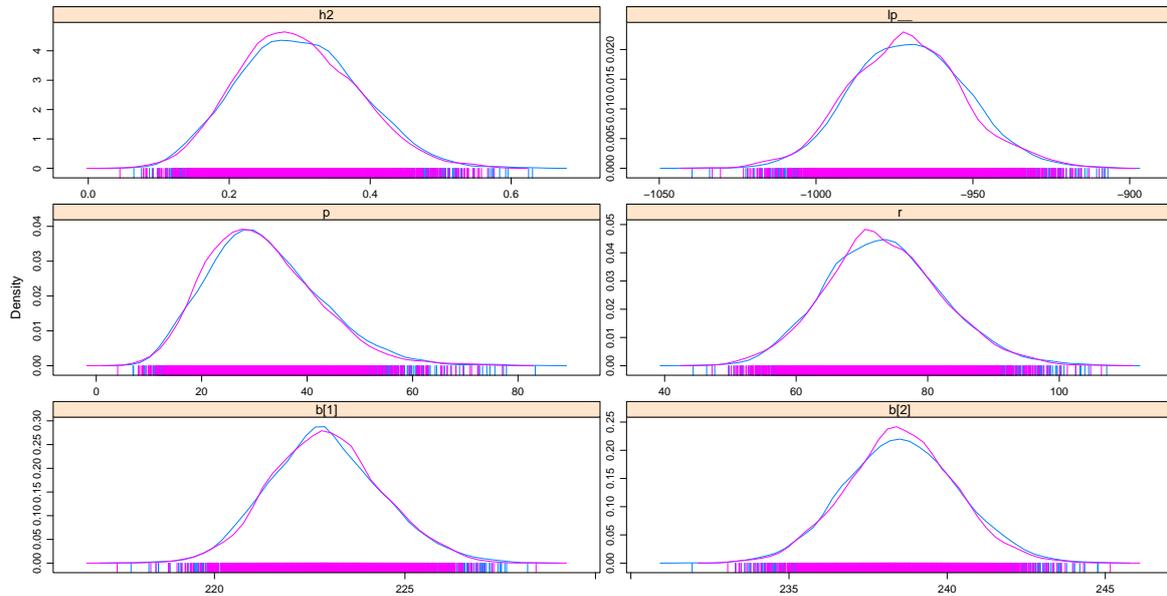


Figure 1: Density plot for the Meyer data from Stan.

```
p      1144 1.001
r      1555 1.000
h2     1051 1.001
```

Samples were drawn using NUTS(diag\_e) at Fri Mar 30 17:55:39 2018.  
 For each parameter, `n_eff` is a crude measure of effective sample size,  
 and `Rhat` is the potential scale reduction factor on split chains (at  
 convergence, `Rhat=1`).

Potential scale reduction factors:

	Point est.	Upper C.I.
b[1]	1	1.00
b[2]	1	1.00
p	1	1.01
r	1	1.00
h2	1	1.01
lp__	1	1.01

Multivariate psrf

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where the BGR diagnostic statistics show convergence of the parameters. The overlapped density plots for the two chains are also shown in Figure 1.

Although both **OpenBUGS** and **JAGS** work as standalone programs, the counterpart in Stan, **cmdstan**, is much easier. We simply need to make a copy of the program above, say

`meyer.stan`, to the `cmdstan` directory and issue “`stanc`” to generate the C++ source or even “`make meyer`” to generate the executable, We first prepare for our data in R and then use functions `bugs.data` and `bugs2jags` to output an input file for `meyer`,

```
R> library("R2OpenBUGS")
R> data <- with(meyer, list(N = N, y = y, g1 = g1, g2 = g2, G = G))
R> bugs.data(data, data.file = "meyer_bugs.txt")
```

```
[1] "meyer_bugs.txt"
```

```
R> library("coda")
R> bugs2jags("meyer_bugs.txt", "meyer_stan.txt")
```

and we can call

```
$ ./meyer sample data file=meyer_stan.txt output file=meyer.csv
$ stansummary meyer.csv
```

The data file (`meyer_stan.txt`) is used by the executable to generate our output in `meyer.csv`, and the summary statistics are given by the `print` utility. Equally, `rstan` can also pick up results to allow for graphical facilities in R.

## 4. Additional considerations

### 4.1. Parallel computation

It is possible to take advantage of multicore facility in R for multiple chains via package `parallel` (R Core Team 2018). This can be done as follows using the Meyer data.

#### **JAGS**

```
R> attach(meyer)
R> library("R2jags")
R> out <- jags.parallel(data, inits, parms, modelfile, n.chains = 4,
+   n.burnin = 500, n.iter = 5000)
R> detach(meyer)
```

Note that the data needs to be attached.

#### *Stan*

```
R> library("parallel")
R> parms <- c("b", "p", "r", "h2")
R> f1 <- stan(model_code = meyer.stan, data = data, chains = 4, iter = 500,
+   verbose = FALSE)
```

```
R> l <- mclapply(1:4, mc.cores = 4, function(i)
+   stan(fit = f1, seed = 12345, data = data, iter = 5000,
+     chains = 1, chain_id = i, refresh = -1))
R> f2 <- sflist2stanfit(l)
```

One can use the `detectCores()` function to obtain the number of cores on the system and here four chains are run in parallel. Alternatively, a call can be made with

```
R> options(mc.cores = parallel::detectCores() - 1)
```

## 4.2. Nonpositive definite $G$ matrix

We found it more likely to have a nonpositive definite  $G$  matrix in (4) and (5) than a kinship matrix. In theory, we can get around this with a perturbation ( $\epsilon$ ) as described in [Guo and Thompson \(1991, p. 174\)](#), namely to replace  $G$  with  $\tilde{G} \equiv (G + \epsilon/\sigma_g^2 I)$ , so that  $\sigma_g^2 \tilde{G} = \sigma_g^2 G + \epsilon$  and  $\tilde{\sigma}^2 = \sigma^2 - \epsilon$  one only needs to amend  $\sigma^2$  as  $\tilde{\sigma}^2 + \epsilon$ . This is according to the Gerschgorin theorem ([Varga 2004, Theorem 1.4](#)) as popularized by ridge regression.

```
R> modelfile <- function() {
+   b1 ~ dnorm(0, 0.000001)
+   b2 ~ dnorm(0, 0.000001)
+   sigma.p ~ dunif(0, 1000)
+   sigma.r ~ dunif(0, 1000)
+   p <- pow(sigma.p, 2)
+   r <- pow(sigma.r, 2)
+   tau <- pow(sigma.r, -2)
+   g[1:N] ~ dmnorm(u[], inverse(p * G[, ] + eps * I[, ]))
+   for (i in 1:N) {
+     y[i] ~ dnorm(b1 * g1[i] + b2 * g2[i] + g[i], tau)
+   }
+   h2 <- p / (p + r)
+ }
```

This will be the same as before when  $\epsilon = 0$ . While this is mathematically viable, it involves additional matrix inversion in **JAGS** making our task even more formidable for MCMC convergence. We used  $(G + \epsilon I)$  in place of the relationship matrix and  $\sigma^2 + \epsilon\sigma_g^2$  as residual variance, which do not involve direct simulation from the multivariate Normal distribution.

## 5. Application: Familial vs. genomic heritabilities

The data used in this section was derived from a large family study which mirrors work by ([Klimentidis, Vazquez, de Los, Allison, Dransfield, and Thannickal 2013](#)), to enable contrasting genetic relationship from family structure and genome-wide data.

	Genomic data		Family structure	
	Variance components	SE	Variance components	SE
$\sigma_g^2$	10.38	0.64	10.61	0.74
$\sigma^2$	12.33	0.50	12.01	0.63
$h^2 = \sigma_g^2 / (\sigma_g^2 + \sigma^2)$	0.46	0.02	0.47	0.03
$l_0$	-13479.85		-13572.17	
$l$	-13724.35		-13724.35	
$\chi^2 = -2(l - l_0)$	489.00		304.36	

Table 1: Estimates based on familial and genomic relationship matrices.

### 5.1. Frequentist approach

Two relationship matrices based on family structure and genomic data were generated by R and **GCTA**, respectively, to be used by **GCTA** for REML estimation.

The genetic relationship matrix was built from pedigree structures with package **kinship2** (Therneau and Sinnwell 2015),

```
R> trios <- read.table("trios.dat", header = TRUE)
R> library("kinship2")
R> kmat <- with(trios, kinship(id, fid, mid))
R> id <- trios[c("pid", "id")]
R> N <- dim(trios)[1]
R> M <- rep(N, N * (N + 1) / 2)
R> library("gap")
R> WriteGRM("PRM", id, M, 2 * kmat)
```

which was used by **GCTA** for REML estimates. Assuming that phenotype information is stored in `p.dat`, **GCTA** can be called as follows,

```
$ gcta64 --reml --grm-gz PRM --pheno p.dat --out PRM --thread-num 10
```

The GRM as with REML estimates were obtained with **GCTA** as follows,

```
$ gcta64 --reml --grm-gz GRM --pheno p.dat --out GRM --thread-num 10
```

Note the calls to **GCTA** should be run under the Linux shell directly. The results are shown in Table 1, where  $l_0$  and  $l$  are the log-likelihoods with and without the polygenic component, respectively. **GCTA** gave estimates of heritability which was remarkably similar, where  $h^2(SE)$  equals 0.46 (0.02) and 0.47 (0.03) with adjustment for sex and age, respectively for genome-based and family-based estimates. One may rather use genomic structure as it is associated with a greater likelihood.

### 5.2. Bayesian approach

Besides results from REML shown above, in a separation analysis on lung function from the same cohort, the two approaches yielded almost identical heritability estimates (Klimentidis

*et al.* 2013). The marked difference in deviance prompted us to seek to characterize variability of heritability in a Bayesian framework.

For this “large  $N$ ” ( $N \gg 1,000$ ) problem, the implementation in either **JAGS** or **Stan** became prohibitively slow, we therefore resorted to specific implementations in packages **MCMCglmm** and **BLR** that we were aware of. However, an adaption of package **MCMCglmm** with GRM took about three days on our Linux system with 300 burn-ins and 1,000 iterations and it is infeasible to consider large number of iterations. With package **BLR**, we encountered the issue of nonpositive definite GRM. While adding a perturbation to the GRM it was not clear how our results will be adjusted. We also sought for the possibility of approximate Bayesian methods through which **AnimalINLA** (Holand, Steinsland, Martino, and Jensen 2013) came to our attention. It was derived from package **INLA** (integrated nested Laplace approximation; Rue, Martino, Lindgren, Simpson, Riebler, and Krainski 2014). It was not obvious it can handle GRM but we would like to explore.

First, we set up the data to be used,

```
R> pheno <- read.table("p.dat", col.names = c("pid", "id", "r"))
R> N <- nrow(pheno)
R> is.na(trios[trios == 0]) <- TRUE
R> f <- merge(pheno, trios[, -1], by = "id", all = TRUE)
R> p <- data.frame(f[with(f, order(pid, id)), ], u = seq_len(N),
+   e = seq_len(N))
R> rownames(p) <- seq_len(N)
```

### **AnimalINLA**

The **AnimalINLA** package was used first taking family structures into account.

#### *Using family structure*

```
R> library("AnimalINLA")
R> library("pedigree")
R> trios <- add.Inds(p[c("id", "fid", "mid")])
R> trios[is.na(trios)] <- 0
R> data <- merge(trios, p[c("id", "r")], by = "id", all.x = TRUE)
R> nr <- nrow(data)
R> p2 <- data.frame(data, u = 1:nr, e = 1:nr)
R> p2 <- within(p2, id <- as.integer(id))
R> xx <- compute.Ainverse(p2[c("id", "fid", "mid")])
R> fit <- animal.inla(response = "r", fixed = NULL,
+   genetic = "id", Ainverse = xx, type.data = "gaussian",
+   data = p2, sigma.e = TRUE, dic = TRUE)
```

where package **pedigree** (Coster 2013) is called to fill up nonexistent individuals. The computation was done in minutes on our Linux with the default setup and the output is as follows,

```
R> with(fit, summary.hyperparam)
```

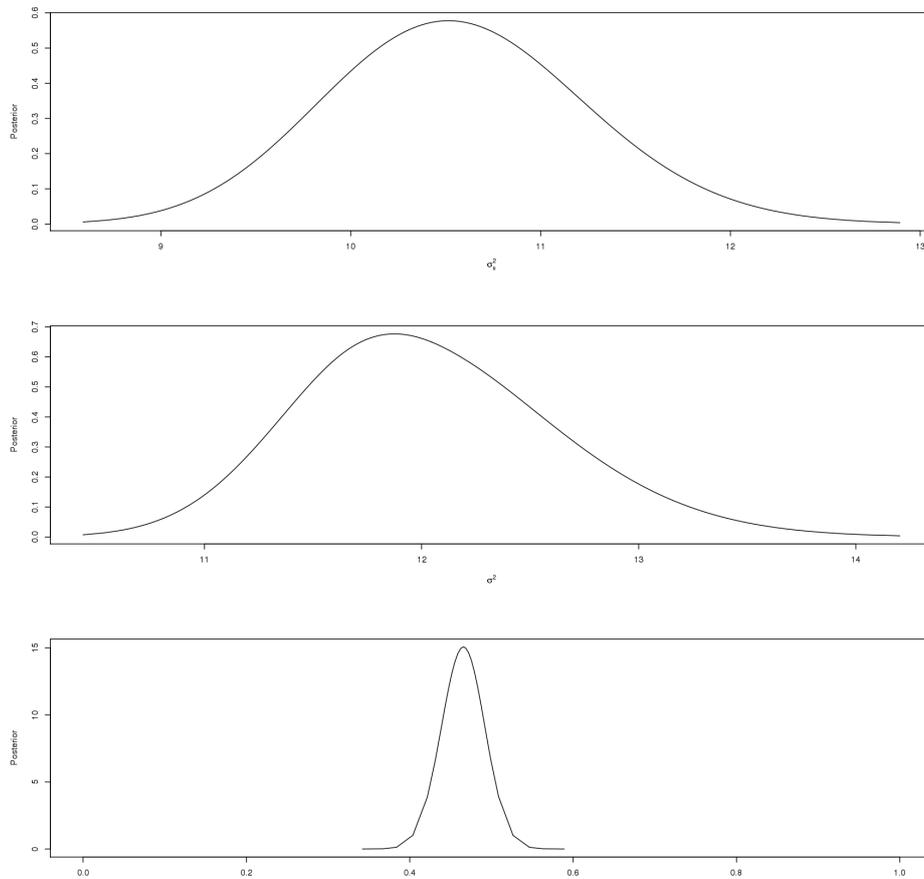


Figure 2: Posterior distributions according to package **AnimalINLA**.

	mean	sd	0.025quant	0.5quant	0.975quant
Heritability	0.4638121	0.02627007	0.4107825	0.4644854	0.5139594
Variance for id	10.5297315	0.68491690	9.2106374	10.5260495	11.8806914
Variance for e	12.1992915	0.55650775	11.1555301	12.1825397	13.3272536

The S3 plot method for the returned ‘Animalinla’ object always sets `xlim = c(0, 1)` and created plots on the console so we revised this.

```
R> par(mfrow = c(3, 1))
R> plot(fit$sigma.u, type = "l", ylab = "Posterior",
+       xlab = expression(paste(sigma[u]^2)))
R> plot(fit$sigma.e, type = "l", ylab = "Posterior",
+       xlab = expression(paste(sigma^2)))
R> plot(fit$gaussian.h, type = "l", ylab = "Posterior",
+       xlab = expression(paste(h^2)), xlim = c(0, 1))
```

The posterior distribution of  $h^2$  is shown in Figure 2.

Based on an inspection of the structure of the object `xx` above, we could build a compatible object to one from function `compute.Ainverse`. However, the GRM would lose the sparse-

ness in the kinship matrix from the family structure. So this can be expected to be slower compared to GCTA.

### **BLR**

Our call is as follows,

```
R> y <- as.matrix(r)
R> eps <- 0.1
R> m <- BLR(y,
+   GF = list(ID = seq_len(N), A = g$GRM + diag(eps, N)),
+   prior = list(varU = list(df = 3, S = 4), varE = list(df = 3, S = 4)),
+   nIter = 500000, burnIn = 150000, thin = 1, saveAt = "fgh.BLR_")
R> attach(m)
R> varU
```

```
      [,1]
[1,] 10.37756
```

```
R> varE
```

```
      [,1]
[1] 11.29452
```

```
R> varU / ((1 + eps) * varU + varE)
```

```
      [,1]
[1,] 0.4569633
```

```
R> detach(m)
R> U <- as.mcmc(scan("fgh.BLR_varU.dat")[-(1:150000)])
R> E <- as.mcmc(scan("fgh.BLR_varE.dat")[-(1:150000)])
R> e <- as.mcmc(cbind(U, E, h2 = U / ((1 + eps) * U + E)))
R> summary(e)$statistics
```

	Mean	SD	Naive SE	Time-series SE
U	10.3755704	0.63883841	6.929175e-04	0.004220765
E	11.2960400	0.55007729	5.966426e-04	0.003455728
h2	0.4567216	0.02375862	2.576984e-05	0.000160990

```
R> HPDinterval(e)
```

```
      lower      upper
U    9.1322010 11.6339900
E   10.2325900 12.3829900
h2   0.4103476  0.5032604
attr("Probability")
[1] 0.95
```

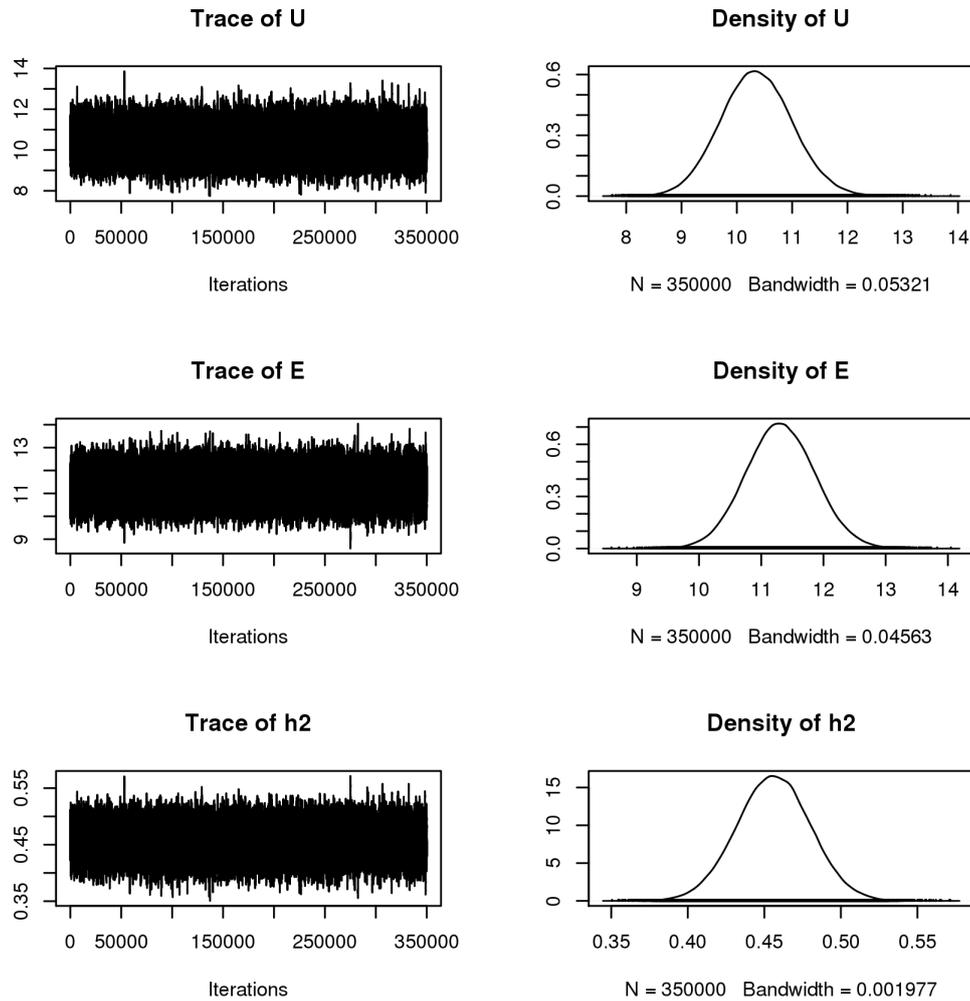


Figure 3: Posterior distributions of polygenic variance (top), residual variance (middle) and  $h^2$  (bottom) according to package **BLR**.

the columns and rows of the GRM are indexed in the object `g$id` whose ordering was used to compromise with that of the phenotypic data. The argument `bF` specifies flat priors for regression coefficients earlier. The argument `A` is a “symmetric, positive definite” matrix (de los Campos *et al.* 2013). The priors for the polygenic (`varU`) and residual (`varE`) variances follow de los Campos *et al.* (2013) as scaled inverse  $\chi^2$  with expectation  $S/(df - 2)$ ,  $S = \text{VAR}(y)(1 - h^2)(df - 2)$ . This is roughly the same for both variances. The perturbation  $\epsilon = 0.1$  has enabled the GRM to be positive definite. Note that the `saveAt` option informs the function to keep values of `bF`, `varU` and `varE` at each iteration to `fgh.BLR_bF.dat`, `fgh.BLR_varU.dat` and `fgh.BLR_varE.dat`, respectively. Figure 3 shows the results of a very long chain (150,000 burn-ins, 350,000 iterations). The sequences were also converted into an ‘mcmc’ object used in package `coda` from which we obtained the HPD interval via function `HPDinterval`. The density plot is indeed similar to Figure 2.

```
R> plot(e)
```

## 6. Summary

We implemented Bayesian linear mixed models that involve a direct use of the relationship matrix. Generic software such as **JAGS** or **Stan** renders greater simplicity than purpose-written software and more flexibility for complex models. Through data analysis we showed that the frequentist and Bayesian approaches can give comparable point estimates but the latter is desirable with its ability to use prior information and produce posterior distributions. For large samples, unlike the usual availability of family structures and therefore fast on-the-fly calculation of the inverse of the precision matrix involving polygenic variance (Waldmann 2009; Damgaard 2007) they have great difficulty in dealing with large genomic matrices. We therefore exploited matrix decomposition and parallel computation. We also compiled **JAGS** using both **LAPACK** and **Intel MKL**. Given that the computing time remains prohibitive, we further used approximate Bayesian inference such as Laplace approximation, in particular **INLA** as in package **AnimalINLA**, which was again humbled by the high dimensionality and non-sparsity density of the GRM. Our analysis also naturally called up a number of packages in the R system with its ability for data management, powerful programming and modeling.

The implementation has not been seen in the literature and **Stan** gave comparable results to the usual REML estimation and those obtained with package **JAGS**. Our setup enables relationship matrix from either family or population data directly into a polygenic model. The comparison of both types of relationship matrices is now possible with package **MCMCglmm** from which a function **MCMCgrm** was implemented in package **gap**. Package **BLR** runs faster but would fail with a non-positive definite  $G$  matrix. Unlike Guo and Thompson (1991), our approach does not involve repeated inversion or factorization of the variance-covariance matrix at the sampling stage and has enabled analysis package **BLR**. The analysis also went beyond our previous experiment (Zhao and Luan 2012), whose focus was only on frequentist approaches. A reviewer pointed out work by Bae, Perls, and Sebastiani (2014) noting previous work on decomposition and conditioning by Waldmann, Hallander, Hoti, and Sillanpää (2008); Hallander, Waldmann, Wang, and Sillanpää (2010) where they “proposed an approach based on a decomposition of the multivariate Normal distribution of the random effects into univariate Normal distributions using conditional distributions” but “fails to produce accurate results with large multigenerational families” though the authors “were not able to pinpoint the reason for the apparent discrepancy” (between the conditioning and singular value decomposition). In essence, the model as in Bae *et al.* (2014) has a covariance structure

$$V = 2\sigma_g^2 \begin{pmatrix} K_1 & & & \\ & K_2 & & \\ & & \ddots & \\ & & & K_m \end{pmatrix} + \sigma^2 I, \quad (6)$$

where  $K_i$  are the kinship matrices associate with a particular family  $i$ ,  $i = 1, \dots, m$ . In our case, the GRM does not have the block structure. In Hallander *et al.* (2010), dominance effects were also modeled and in principle can be included in our approach similar to GRM.

We hope that our work will facilitate exploration of other practical issues of Bayesian linear mixed models with polygenic effects, some of which are highlighted here.

### 6.1. Non-genetic effects

Although we have focused on the polygenic effects, their non-genetic counterparts can be an indispensable part of the research. For instance, BMI may be linked to lifestyle and psychosocial factors such as diet, physical activity and mental health. SNP effects are now commonly derived as part of a GWAS from the so-called mixed linear effects model involving polygenic effects and SNP dosage as fixed effects. Gene-environment interactions are also important.

For non-genetic effects, the  $g$ -prior (Zellner 1986) is often used. In our notation, this amounts to  $\beta \sim MVN(\beta_0, a\sigma^2(X^\top X)^{-1})$  where  $\beta_0$  is a hyperparameter and  $a$  a positive scalar often chosen to be the sample size, noting the use of  $a$  instead of  $g$  as in the literature is simply to avoid confusion with the polygenic effects  $g$  throughout this paper and elsewhere. The prior can facilitate model comparison since in the case of multiple linear regression closed form regression coefficients can be obtained but some undesirable property in model comparison has also been documented (e.g., Pericchi 2005).

### 6.2. Efficient implementation

The polygenic modeling would benefit greatly from a truly efficient Bayesian computation software system involving fine-tuned algorithms. Our limited experience showed that **JAGS** and **Stan** are feasible for moderate sample size ( $N \approx 1,000$ ) but become very time-consuming when it gets larger. Besides approaches described in Section 4.1, **JAGS** can be compiled to use multicore facility. Recent versions of **rstan** actually have an option **cores** to automatically use all available cores. We do not attempt to elaborate this here as it is an active and evolving area with work such as Kruschke (2015) giving further information.

Our work suggests that a combination of generic Bayesian analysis systems such as **JAGS** and **Stan** together with specific software such as package **BLR** will still be appealing. For the Framingham data, we also experimented with package **MCMCglimm** and the function **MCMCgrm**; both took considerably longer than package **BLR**. Ahlinder and Sillanpää (2013) made a further attempt to speed up calculations by treating  $\beta$  and  $u$  as nuisance parameters in the posterior distribution

$$P(\beta, u, \sigma_\beta^2, \sigma_u^2, \sigma^2 | y) \propto P(y | \beta, u, \sigma^2) P(\beta | \sigma_\beta^2) P(u | \sigma_u^2) P(\sigma_\beta^2) P(\sigma_u^2) P(\sigma^2)$$

so that  $P(\sigma_\beta^2, \sigma_u^2, \sigma^2 | y) \propto P(\sigma_\beta^2) P(\sigma_u^2) P(\sigma^2) \int P(y | \beta, u, \sigma^2) P(\beta | \sigma_\beta^2) P(u | \sigma_u^2) d\beta du$  but the likelihood specification is still involved. Bayesian inference using Laplace approximation in the spirit of **INLA** is also available from **LaplacesDemon** (Statisticat, LLC. 2015a) and a counterpart **LaplacesDemonCpp** (Statisticat, LLC. 2015b) with an incremental inclusion of C++.

### 6.3. Missing outcome

It is more involved to allow for missing data. We did not address this explicitly and in general that is possible (Stan Development Team 2017, p. 176). However, we took advantage of the built-in mechanism in package **BLR**. For the Meyer data without filling the missing data, the results are obtained as follows,

```
R> set.seed(1234567)
R> meyer <- within(meyer, {
```

```

+   yNa <- y
+   g1 <- ifelse(generation == 1, 1, 0)
+   g2 <- ifelse(generation == 2, 1, 0)
+   id <- animal
+   animal <- ifelse(!is.na(animal), animal, 0)
+   dam <- ifelse(!is.na(dam), dam, 0)
+   sire <- ifelse(!is.na(sire), sire, 0)
+ }
R> G <- kin.morgan(meyer)$kin.matrix * 2
R> library("regress")
R> r <- regress(y ~ -1 + g1 + g2, ~ G, data = meyer)
R> r
R> library("BLR")
R> attach(meyer)
R> X <- as.matrix(meyer[c("g1", "g2")])
R> m <- BLR(yNa, XF = X, GF = list(ID = 1:nrow(G), A = G),
+   prior = list(varE = list(df = 1, S = 0.25),
+   varU = list(df = 1, S = 0.63)),
+   nIter = 5000, burnIn = 500, thin = 1, saveAt = "meyer.BLR")
R> with(r, h2G(sigma, sigma.cov))

```

```

Vp = 104.091 SE = 9.925092
h2G = 0.3042677 SE = 0.1147779

```

```
R> names(m)
```

```

 [1] "y"          "weights" "mu"       "varE"     "yHat"     "SD.yHat"
 [7] "whichNa"   "fit"      "bF"       "SD.bF"    "u"        "SD.u"
[13] "varU"      "prior"    "nIter"    "burnIn"   "thin"

```

```
R> attach(m)
```

```
R> yHat[whichNa]
```

```
numeric(0)
```

```
R> mu
```

```
[1] 327.9259
```

```
R> bF
```

```

      g1      g2
-105.11362 -89.52557

```

```
R> mu + bF
```

```

      g1      g2
222.8123 238.4004

```

```
R> varU
```

```

      [,1]
[1,] 29.66097

```

```
R> varE
```

```
[1] 74.08534
```

```
R> varU / (varU + varE)
```

```

      [,1]
[1,] 0.285899

```

with which we would be more comfortable. It seems that both frequentist and Bayesian approaches yielded smaller variance components compared to the imputation of missing outcome a priori. From the quantity `mu` and `bF` we are able to recover regression coefficients for the fixed effects comparable to what we have seen earlier. Furthermore, a vector `whichNa` indicates which observation has a missing outcome so that `yHat[whichNa]` contains predicted values for those missing outcomes.

Package **GCTA** can give heritability and standard error estimates for a quantitative trait based on a large number of SNPs. The documentation data involves a quantitative trait for 3,925 individuals and 1,000 SNPs, leading to  $h^2(SE) = 0.022$  (0.009). Now we ran 5,000 burn-ins and 10,000 iterations with package **BLR** and obtained 0.119 (0.001) and 95% HPD interval (0.098–0.142), still slightly higher than that based on REML estimation.

Gaussian outcome is but one of many scenarios for which polygenic effects can be included. Our frequentist counterparts include packages **regress**, **pedigreemm** (Vazquez, Bates, Rosa, Gianola, and Weigel 2010) and **coxme** (Therneau 2015), all in the R environment. They could involve problems with outcomes being binary, Poisson, time-to-event, etc. Our focus was on  $h^2$  and there should be some similarity when we approach other indicators from the mixed models such as coefficient of determination ( $R^2$ ) (Nakagawa and Schielzeth 2013).

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